



早饭

Date	Monday 2020.12.7	Tuesday 2020.12.8	Wednesday 2020.12.9	Thursday 2020.12.10	Friday 2020.12.11	Saturday 2020.12.12	Sunday 2020.12.13							
Western Breakfast	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg
	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,
	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg
	法式吐司 8	French Toast	法式吐司 8	French Toast	法式吐司 8	French Toast	法式吐司 8	French Toast	法式吐司 8	French Toast	法式吐司 8	French Toast	法式吐司 8	French Toast
	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon
	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)
	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread
	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant
	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals
	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk
牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	
Chinese Breakfast	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn
	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn
	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks
	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake
	麻球 1.5	Deep Fried Sesame Glutinous Rice Ball	南瓜饼 (2个) 2.5	Pan Fried Pumpkin Cake (2Pic)	牛肉饼 5	Chinese Beef Cake	南瓜饼 (2个) 2.5	Pan Fried Pumpkin Cake (2Pic)	牛肉饼 5	Chinese Beef Cake	南瓜饼 (2个) 2.5	Pan Fried Pumpkin Cake (2Pic)	牛肉饼 5	Chinese Beef Cake
	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)
	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)	菜饭糕 2.5	Deep Fried Glutinous Rice Cake	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)	菜饭糕 2.5	Deep Fried Glutinous Rice Cake	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)	菜饭糕 2.5	Deep Fried Glutinous Rice Cake	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)
	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice
	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee
	花卷 2.5	Spring Onion Bun	牛奶馒头 2.5	Plain Bun	花卷 2.5	Spring Onion Bun	牛奶馒头 2.5	Plain Bun	花卷 2.5	Spring Onion Bun	牛奶馒头 2.5	Plain Bun	花卷 2.5	Spring Onion Bun
	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun
	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun
	豆沙包 2.5	Steamed Red Bean Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	豆沙包 2.5	Steamed Red Bean Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	豆沙包 2.5	Steamed Red Bean Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	豆沙包 2.5	Steamed Red Bean Bun
	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun
	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun
	南瓜粥 4	Pumpkin Congee	皮蛋瘦肉粥 4	Century Egg with Pork Congee	小米粥 4	Yellow Rice Congee	虾仁蔬菜粥 4	Shrimp and Vegetable Congee	胡萝卜蔬菜粥 4	Carrot and Vegetable Congee	番薯粥 4	Sweet Potato Congee	绿豆粥 4	Green Bean Congee
	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard
豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	
小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	
浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	
Revolution Noodle	Vegetables, Preserved Vegetables and Condiments 蔬菜及调味菜和调料													
	Chinese Meat or Vegetable Soup 猪肉白汤/蔬菜汤													
	Chinese meat or vegetable soup 猪肉白汤/蔬菜汤													

Duke University Menu Lunch		Executive Restaurant					weekly menu								
week	Date	Monday 2020-12-7	Tuesday 2020-12-8	Wednesday 2020-12-9	Thursday 2020-12-10	Friday 2020-12-11									
行政午饭 Poached Hot Pot Station (麻辣烫档口)															
海鲜类和牛肉类 Seafood and Beef	青口Mussel / 鱿鱼Squid / 牛蛙 Bullfrog / 虾Prawn / 牛柳Beef Fillet / 肥牛片Sliced Beef Rib-Eye						Price	6.5/	50G						
丸子类和肉类 Meatball and Meat	广式香肠 Cantonese Sausage / 鱼豆腐 Fish Meat Cake / 午餐肉 Luncheon Meat / 蟹肉棒 Crab Meat Stick / 牛肉丸 Beef Meat Ball / 墨鱼丸Cuttle Fish Meat Ball / 鸭血Duck Blood / 鸡翅中Chicken Wings / 鸭肠 Duck Intestine / 鸡柳 Chicken Fillet / 培根Bacon						Price	4.5/	50G						
豆制品类和菌菇类 /蔬菜类 Soy Bean Goods and Fungus &	豆芽 Bean Sprouts / 金针菇Enoki Mushroom / 香菇Shiitake Mushroom / 豆腐Beancurd / 玉米Cron/ 土豆片Sliced Potato / 海带结Sliced Kelp/ 冬瓜 Winter Gourd / 黑木耳Black Fungus / 百叶结Beancurd Sheets / 腐竹 Dried Beancurd Stick / 兰花干 Dry Beancurd/ 老油条 Dough Stick / 宽粉条Wide Vermicelli/ 年糕 Rice Cake / 生菜Lettuce / 白菜Cabbage / 方便面Instant Noodle / 乌冬面Udon Noodle / 西兰花Broccoli / 花菜Cauliflower / 菠菜Spinach / 莴笋Lettuce Stem / 蓬蒿菜 Tarragon / 杭白菜 Long Cabbage						Price	2.1/	50G						
秘制锅底 Pot Base	四川麻辣汤底 Sichuan Spicy Hot Soup (微辣Little Spicy / 中辣 Medium Spicy/ 重辣 Very Spicy) 滋补高汤底 Pork and Chicken Bone Stock (微辣Little Spicy / 中辣 Medium Spicy/ 重辣 Very Spicy)						Price	Free							
Western Counter Carving Station (西餐档口)															
现场切肉 Carving	泰式烤鱼配米饭和蔬菜 Thai Roasted Fish with Rice and Vegetable	Price	¥ 36	红酒汁烤牛肉配牛油蔬菜和土豆 Roasted Beef with Red Wine Sauce Served Butter Vegetables and Potato	Price	¥ 42	日式照烧鸡腿汉堡配沙拉及薯条 Japanese Teriyaki Chicken Burger with Salad & French Fries	Price	¥ 36	泰式烤排骨配炒河粉 Thai BBQ Roasted Pork Ribs with Fried Rice Noodle	Price	¥ 36	猎人烩鸡配土豆泥和扒豆角 Chicken Cacciatore with Mashed Potato and Grilled Long Bean	Price	¥ 36
Western Counter Vegetarian Station (西餐素食档口)															
素食 Vegetarian	寿司和蔬菜天妇罗 Sushi and Vegetable Tempura	Price	¥ 24	茄汁素肉丸配蔬菜色拉及米饭 Vegetarian Tomato Sauce "Meatballs"with Salad and Rice	Price	¥ 24	意式酿彩椒配混合蔬菜 Italian Stuffed Bell Pepper with Mixed Vegetable	Price	¥ 24	韩式蔬菜拌饭 Korean Mixed Rice with Vegetable	Price	¥ 24	意大利蘑菇烩饭 Risotto ai Funghi	Price	¥ 24
Teppanyaki Station (亚洲铁板档)															
铁板档 Teppanyaki	肉丝白菜炒年糕 Fried Sliced Glutinous Rice Cake with Pork and Cabbage	Price	¥ 17	XO 酱鸡丝炒饭 Stir Fried Rice with Chicken and XO sauce	Price	¥ 17	福建炒面 Hokkie Style Fried Noodle with Pork	Price	¥ 17	广式虾米腊味炒饭 Stir Fried Rice with Sausage and Dry Shrimp	Price	¥ 17	泰国鸡肉炒意粉 Thai Style Stir Fried Spicy Spaghetti with Chicken	Price	¥ 17
韩式炸鸡全翅 Korean Style Deep Fried Spicy Chicken Wing													Price	¥ 10	
Dessert (甜品档口)															
甜品档口 Dessert	巧克力瑞士卷 Chocolate Swiss Roll						Price	¥ 9							
	柠檬瑞士卷 Lemon Swiss Roll						Price	¥ 9							
Steam Dim Sum Station (蒸点档)															
蒸点 Steam Dim-sum	小笼包 Steamed Shanghais Pork Dumpling (6 pics)						Price	¥ 10							
Soup (汤)															
西式汤 Western	南瓜汤 Pumpkin Soup	Price	¥ 3.5	意大利蔬菜汤 Italia Vegetable Soup	Price	¥ 3.5	鸡肉蔬菜汤 Chicken Vegetable Soup	Price	¥ 3.5	意大利白豆和培根汤 Italian White Bean & Bacon Soup	Price	¥ 3.5	奶油蘑菇汤 Mushroom Soup	Price	¥ 3.5
中式汤 Chinese Soup	榨菜番茄汤 Tomato with Pickle Soup	Price	Free	冬瓜雪菜汤 Winter Melon and Preserved Vegetable Soup	Price	Free	鱼头豆腐汤 Fish Head and Beancurd Soup	Price	Free	黄豆猪骨汤 Pork Bone and Soya Bean Soup.	Price	Free	香菜豆腐羹 Beancurd and Coriander Soup	Price	Free
汤盅 Soup	花生木瓜梅肉煲雞湯 Peanuts Papaya and Pork Butt with Chicken Soup						Price	¥ 10							

Chartwells



AB 午饭西餐

University Restaurant Monday -Sunday

Date	Monday 2020.12.7	Tuesday 2020.12.8	Wednesday 2020.12.9	Thursday 2020.12.10	Friday 2020.12.11	Saturday 2020.12.12	Sunday 2020.12.13							
Pasta Station 意大利面档口														
意面 Pasta	鸡肉青酱意面 Pasta with Chicken and Pesto Sauce	¥28	海鲜茄汁意面 Pasta with Seafood and Tomato Sauce	¥33	奶油培根宽面 Carbonara	¥28	辣金枪鱼蘑菇意面 Pasta with Spicy Mushroom and Tuna	¥33	牛肉黑胡椒意面 Pasta with Beef and Black Pepper Sauce	¥33	大虾辣味茄汁意面 Pasta with Prawn and Arrabiata Sauce	¥33	鸡肉蘑菇奶油意面 Pasta with Chicken and Mushroom Cream Sauce	¥28
	蔬菜青酱笔尖面 Pasta with Vegetable	¥24	茄汁意面 Pasta with Tomato Sauce	¥24	奶油蔬菜宽面 Pasta with Vegetable and Cream Sauce	¥24	蘑菇菠菜意面 Pasta with Mushroom and Spinach	¥24	蔬菜黑胡椒意面 Pasta with Vegetable and Black Pepper Sauce	¥24	蔬菜意面 Pasta with Vegetable and Arrabiata Sauce	¥24	蘑菇奶油意面 Pasta with Vegetable and Mushroom Cream Sauce	¥24
Sandwich, Burger Station 三明治, 汉堡档口														
三明治 Sandwich	火腿芝士三明治 Ham and Cheese Sandwich	¥28	番茄鸡肉墨西哥卷 Mexican Chicken Tomato Roll	¥28	皮塔烤鸡三明治 Pita Bread with Roasted Chicken	¥28	烤牛肉三明治 Roasted Beef Sandwich	¥33	照烧鸡肉汉堡 Teriyaki Chicken's Burger	¥28	热狗 Hot Dog	¥28	火腿芝士三明治 Ham and Cheese Sandwich	¥28
	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24
Pizza Station 披萨档口														
披萨档口 Pizza Station	奥尔良烤肉披萨 Orleans Roasted Pork Pizza	¥30	牛肉披萨 Beef Pizza	¥35	海鲜披萨 Seafood Pizza	¥35	鸡肉披萨 Chicken Pizza	¥30	蘑菇火腿披萨 Ham with Mushroom Pizza	¥30	金枪鱼披萨 Tuna Pizza	¥35	香肠披萨 Sausage Pizza	¥30
	玛格丽特披萨 `Margarita													¥24

AB 午饭中餐

Date		Monday 2020.12.7	Tuesday 2020.12.8	Wednesday 2020.12.9	Thursday 2020.12.10	Friday 2020.12.11	Saturday 2020.12.12	Sunday 2020.12.13							
University Restaurant Chinese Counter 中餐档口															
Taste of Asia	Main Dish	茶树菇焖五花腩 Braised Pork Belly with Dry Beancurd and Mushroom	¥ 10	蜜汁烤猪胸排 Roasted Pork Ribs with Honey Sauce	¥ 10	热糟油豆腐猪手 Braised Pork Knuckle and Beancurd Puff with Chinese Wine Sauce	¥ 10	泡椒牛蛙 Stir Fried Frog with Lettuce Stem and Preserved Chili	¥ 14	胡椒海带焖排骨 Braised Pork Ribs with Kelp and White Pepper Corn	¥ 10	柱侯酱萝卜牛腩 Braised Beef Brisket with White Turnip and Bean Paste	¥ 14	水煮肉片 Poached Sliced Pork with Vegetable in Spicy Sauce	¥ 10
		辣子鸡 Sichuan Deep Fried Chicken	¥ 10	藤椒鸡 Poached Chicken in Green Chili Sauce	¥ 10	香酥炸鸡翅 Deep Fried Chicken Wing	¥ 10	盐水鸭 Nanjing Herbs Sauce Duck	¥ 10	吊烧鸡 Roasted Chicken	¥ 10	广式豉油鸡 Cantonese Soya-Sauce Chicken	¥ 10	香菇焖鸡 Braised Chicken with Mushroom	¥ 10
		豆豉毛豆烧鲳鱼 Stir Fried Pomfret with Edamame and Preserved Black Bean	¥ 10	咕佬鱼 Deep Fried Fish with Sweet Sour Sauce and Pineapple	¥ 10	剁椒鱼块 Steamed Fish with Preserved Chili	¥ 10	萝卜丝烧带鱼 Braised Hairtail Fish with Shredded White Turnip	¥ 10	糟溜鱼片 Stir Fried Fish and Vegetables with Chinese Wine Sauce	¥ 10	香酥鱼排 Deep Fried Fish	¥ 10	香辣干锅鱼 Wok Fried Fish with Chili	¥ 10
	Mixed Dish	莴笋炒咸肉 Stir Fried Lettuce Stem with Preserved Pork	¥ 7	菌菇烩三鲜 Braised Ham with Mushroom and Black Fungus	¥ 7	海带炒肉丝 Stir Fried Shredded Pork with Kelp	¥ 7	榨菜鸡丝炒豆芽 Stir Fried Shredded Chicken with Bean Sprouts and Pickle	¥ 7	豆干蒜薹炒香肠 Stir Fried Chinese Sausage with Dry Beancurd and Garlic Stem	¥ 7	莲藕炒肉片 Stir Fried Pork with Lotus Root	¥ 7	黑胡椒莴笋炒鸭丁 Stir Fried Duck and Lettuce Stem with Black Pepper Sauce	¥ 7
		午餐肉煎蛋 Pan Fried Egg with Luncheon Meat		豆豉尖椒烧荷包蛋 Stir Fried Egg with Chili and Preserved Black Bean		青蒜鸭血豆腐 Braised Duck Blood with Beancurd and Leek		节瓜炒蛋 Stir Fried Egg with Zucchini		鸡茸青豆蒸蛋 Steamed Egg Custard with Minced Chicken and Green Bean		青椒炒蛋 Stir Fried Egg with Chili		虾仁炖蛋 Steamed Egg Custard with Minced Pork	
	Vegetables	大煮干丝 Poached Beancurd Sheet in Superior Soup		香煎豆腐 Pan Fried Beancurd		四喜烤麸 Braised Rice Gluten with Vegetables and Soya Sauce		毛豆炒素鸡丁 Stir Fried Beancurd with Edamame		泡菜烧豆腐 Braised Beancurd with Pickle		卤水油豆腐 Chinese Herb Soya Sauce with Beancurd Puff		雪菜烧豆腐 Braised Beancurd with Preserved Vegetable	
		清炒娃娃菜 Stir Fried Yellow Cabbage	¥ 4	蒜蓉油麦菜 Stir Fried Indian Lettuce with Garlic	¥ 4	清炒杭白菜 Stir Fried Chinese Cabbage	¥ 4	蒜泥炒青菜 Stir Fried Shanghai Cabbage with Garlic	¥ 4	蒜蓉菜心 Poached Chinese Cabbage with Garlic	¥ 4	清炒芥蓝 Poached Kale	¥ 4	蚝油球生菜 Stir Fried Lettuce with Oyster Sauce	¥ 4
		青椒炒豆芽 Stir-Fried Bean Sprouts with Bell Pepper		虾皮煮萝卜丝 Stir Fried Shredded White Turnip with Dry Shrimp		葱油黄瓜 Stir Fried Cucumber with Spring Onion		椒盐土豆 Deep Fried Potato with Salted and Pepper		红烧萝卜 Braised White Turnip with Soya Sauce		醋溜白菜 Stir Fried Cabbage with Vinegar Sauce		咖喱土豆 Curry Potato	
	面食档口	红烧大排和雪菜毛豆双浇配汤面或是配葱油拌面 Noodle Soup/ Tossed Noodle with Spicy Pork and Fried Preserved Vegetable and Edamame Bean													¥ 19
中式汤 Chinese Soup	榨菜番茄汤 Tomato with Pickle Soup	Free	冬瓜雪菜汤 Winter Melon and Preserved Vegetable Soup	Free	鱼头豆腐汤 Fish Head and Beancurd Soup	Free	黄豆猪骨汤 Pork Bone and Soya Bean Soup	Free	香菜豆腐羹 Beancurd and Coriander Soup	Free	卷心菜猪骨汤 Pork Bone with Cabbage Soup	Free	香菜鱼头汤 Fish Head and Coriander Soup	Free	
西式汤 Western Soup	南瓜汤 Pumpkin Soup	3.5	意大利蔬菜汤 Italia Vegetable Soup	¥ 4	鸡肉蔬菜汤 Chicken Vegetable Soup	¥ 4	意大利白豆和培根汤 Italian White Bean & Bacon Soup	¥ 4	奶油蘑菇汤 Mushroom Soup	¥ 4	法式洋葱汤 Onion Soup	¥ 4	番茄汤 Tomato Soup	¥ 4	

AB 晚饭西餐



University Restaurant Monday -Sunday

Date	Monday 2020.11.9	Tuesday 2020.11.10	Wednesday 2020.11.11	Thursday 2020.11.12	Friday 2020.11.13	Saturday 2020.11.14	Sunday 2020.11.15							
Pasta Station 意大利面档口														
意面 Pasta	鸡肉青酱意面 Pasta with Chicken and Pesto Sauce	¥28	海鲜茄汁意面 Pasta with Seafood and Tomato Sauce	¥33	奶油培根宽面 Carbonara	¥28	辣金枪鱼蘑菇意面 Pasta with Spicy Mushroom and Tuna	¥33	牛肉黑胡椒意面 Pasta with Beef and Black Pepper Sauce	¥33	大虾辣味茄汁意面 Pasta with Prawn and Arrabiata Sauce	¥33	鸡肉蘑菇奶油意面 Pasta with Chicken and Mushroom Cream Sauce	¥28
	蔬菜青酱笔尖面 Pasta with Vegetable	¥24	茄汁意面 Pasta with Tomato Sauce	¥24	奶油蔬菜宽面 Pasta with Vegetable and Cream Sauce	¥24	蘑菇菠菜意面 Pasta with Mushroom and Spinach	¥24	蔬菜黑胡椒意面 Pasta with Vegetable and Black Pepper Sauce	¥24	蔬菜意面 Pasta with Vegetable and Arrabiata Sauce	¥24	蘑菇奶油意面 Pasta with Vegetable and Mushroom Cream Sauce	¥24
Sandwich, Burger Station 三明治, 汉堡档口														
三明治 Sandwich	火腿芝士三明治 Ham and Cheese Sandwich	¥28	番茄鸡肉墨西哥卷 Mexican Chicken Tomato Roll	¥28	皮塔烤鸡三明治 Pita Bread with Roasted Chicken	¥28	烤牛肉三明治 Roasted Beef Sandwich	¥33	照烧鸡肉汉堡 Teriyaki Chicken's Burger	¥28	热狗 Hot Dog	¥28	火腿芝士三明治 Ham and Cheese Sandwich	¥28
	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24
Pizza Station 披萨档口														
披萨档口 Pizza Station	奥尔良烤肉披萨 Orleans Roasted Pork Pizza	¥30	牛肉披萨 Beef Pizza	¥35	海鲜披萨 Seafood Pizza	¥35	鸡肉披萨 Chicken Pizza	¥30	蘑菇火腿披萨 Ham with Mushroom Pizza	¥30	金枪鱼披萨 Tuna Pizza	¥35	香肠披萨 Sausage Pizza	¥30
	玛格丽特披萨 Margarita											¥24		
Western Counter Carving Station (西餐档口)														
现场切肉 Carving	扒鱼柳配刁草土豆和玉米蔬菜沙拉 Grilled Fish with Dill Potato and Corn Green Salad	Price ¥36	泰式炸鸡 Fried Chicken Thai Style	Price ¥36	日式照烧鸡腿汉堡配沙拉及薯条 Japanese Teriyaki Chicken Burger with Salad & French Fries	Price ¥36	泰式烤排骨配炒河粉 Thai BBQ Roasted Pork Ribs with Fried Rice Noodle	Price ¥36	炸鱼薯条 Fish and Chips	Price ¥36	泰式菠萝红咖喱鸭配饭和蔬菜 Thai Style Pineapple Red Duck Curry with Rice Vegetable	Price ¥36	加勒比烤鱼配红薯和玉米色拉 Caribbean Style Baked Sole Fish with Sweet Potato and Corn Salsa Seasonal Green	Price ¥36
	Western Counter Vegetarian Station (西餐素食档口)													
素食 Vegetarian	寿司和蔬菜天妇罗 Sushi and Vegetable Tempura	Price ¥ 24	茄汁素肉丸配蔬菜色拉及米饭 Vegetarian Tomato Sauce "Meatballs" with Salad and Rice	Price ¥ 24	意式酿彩椒配混合蔬菜 Italian Stuffed Bell Pepper with Mixed Vegetable	Price ¥ 24	韩式蔬菜拌饭 Korean Mixed Rice with Vegetable	Price ¥ 24	意大利蘑菇烩饭 Risotto ai Funghi	Price ¥ 24	咖喱饺配蔬菜 Samosa with Fried Rice and Vegetable	Price ¥ 24	千层土豆配混合蔬菜 Creamy Gratin Potato with Mixed Vegetables	Price ¥ 24

AB 晚饭中餐

Date		Monday 2020.12.7	Tuesday 2020.12.8	Wednesday 2020.12.9	Thursday 2020.12.10	Friday 2020.12.11	Saturday 2020.12.12	Sunday 2020.12.13						
University Restaurant Chinese Counter 中餐档口														
Main Dish	西红柿土豆炖牛腩 Braised Beef Brisket with Tomato and Potato	¥14	椒盐鱿鱼圈 Deep Fried Squid Ring with Five Spicy Salt	¥10	南乳莲藕焖鸭 Braised Duck and Lotus Root with Fermented Red Beancurd Sauce	¥10	香菇烩肉丸 Braised Pork Meatballs with Mushroom and Soya Sauce	¥10	卤水五花腩 Chinese Herbs Soya Sauce Pork Belly	¥10	黑胡椒蒜苔炒牛柳 Stir Fried Beef with Garlic Stem and Black Pepper Sauce	¥14	山药木耳焖排骨 Braised Pork Ribs with Fresh Yam and Black Fungus	¥10
	蒜香骨 Deep Fried Pork Ribs with Crispy Garlic and Spicy Salt	¥10	粉蒸大肉 Steamed Pork Belly with Rice Flour	¥10	糖醋鱼柳 Deep Fried Fish with Sweet Sour Sauce	¥10	脆炸鸡排 Crispy Deep Fried Chicken	¥10	香菇蒸鸡 Steamed Chicken with Mushroom	¥10	榄菜蒸鱼 Steamed Fish with Preserved Olive Vegetable	¥10	红烧鱼块 Braised Soya Sauce Fish with Black Fungus and Bamboo Shoots	¥10
Mixed Dish	尖椒炒鸭丝 Stir Fried Shredded Duck with Chili	¥7	淮山木耳炒肉片 Stir Fried Pork with Fresh Yam and Black Fungus	¥7	咸肉蒸干张 Steamed Dry Beancurd Sheet with Sliced Pork	¥7	茭白毛豆炒肉丁 Stir Fried Pork with Water Bamboo Shoot and Edamame	¥7	西葫芦炒咸猪手 Stir-Fried Salted Sliced Pork with Zucchini.	¥7	雪菜尖椒炒肉末 Stir Fried Minced Pork with Preserved Vegetable and Dry Chili	¥7	瓜酱毛豆炒鸡丁 Stir Fried Chicken with Edamame and Preserved Cucumber	¥7
	黄瓜炒蛋 Stir Fried Egg with Cucumber		西红柿炒蛋 Stir Fried Egg with Tomato		五彩炒鸡丁 Stir Fried Chicken with Green Bean and Vegetable		韭菜煎蛋 Pan Fried Egg with Leek		酸辣莲藕炒鸡丁 Stir Fried Chicken and Lotus Root with Spicy Sour Sauce		洋葱炒蛋 Stir Fried Egg with Onion		三色炖蛋 Steamed Egg Custard with Century Egg and Salted Egg	
Vegetables	东北地三鲜 Fried Potato, Green Pepper and Eggplant	¥4	扁尖烧冬瓜 Braised Winter Melon with Preserved Bamboo	¥4	清炒西葫芦 Stir-Fried Zucchini	¥4	尖椒土豆丝 Wok Fried Shredded Potato with Chili	¥4	蒜蓉蒸茄子 Steamed Eggplant with Garlic	¥4	清炒花菜 Stir-Fried Cauliflower	¥4	葱油黄瓜 Stir Fried Cucumber with Spring Onion	¥4
	蚝油球生菜 Stir Fried Lettuce with Oyster Sauce		清炒芥蓝 Poached Kale		蒜蓉菜心 Poached Chinese Cabbage with Garlic		蒜泥炒青菜 Stir Fried Shanghai Cabbage with Garlic		清炒杭白菜 Stir Fried Chinese Cabbage		蒜蓉油麦菜 Stir Fried Indian Lettuce with Garlic		清炒娃娃菜 Stir Fried Yellow Cabbage	
	榨菜烧豆腐 Braised Beancurd with Pickle		香卤兰花干 Braised Dry Beancurd with Soya Sauce		豆芽炒香干 Stir Fried Bean Sprouts with Dry Beancurd		红烧豆腐 Braised Beancurd with Soya Sauce		青椒炒干丝 Stir Fried Dry Beancurd Sheet with Green Pepper		辣炒腐竹胡萝卜丝 Stir Fried Carrot with Dry Beancurd Sheet and Chili		卤水百叶 Braised Dry Beancurd Sheet with Soya Sauce	
面食档口 Noodles	红烧大排和雪菜毛豆双浇配汤面或是配葱油拌面 Noodle Soup/ Tossed Noodle with Spicy Pork and Fried Preserved Vegetable and Edamame Bean												¥19	
蒸点	小笼包 Steamed Shanghai Pork Dumpling (6 pics)												¥10	
中式汤 Chinese Soup	榨菜番茄汤 Tomato with Pickle Soup	Free	冬瓜雪菜汤 Winter Melon and Preserved Vegetable Soup	Free	鱼头豆腐汤 Fish Head and Beancurd Soup	Free	黄豆猪骨汤 Pork Bone and Soya Bean Soup	Free	香菜豆腐羹 Beancurd and Coriander Soup	Free	卷心菜猪骨汤 Pork Bone with Cabbage Soup	Free	香菜鱼头汤 Fish Head and Coriander Soup	Free
西式汤 Western Soup	南瓜汤 Pumpkin Soup	3.5	意大利蔬菜汤 Italia Vegetable Soup	3.5	鸡肉蔬菜汤 Chicken Vegetable Soup	3.5	意大利白豆和培根汤 Italian White Bean & Bacon Soup	3.5	奶油蘑菇汤 Mushroom Soup	3.5	法式洋葱汤 Onion Soup	3.5	番茄汤 Tomato Soup	3.5