

# 早饭



Date	Monday 2020.11.23		Tuesday 2020.11.24		Wednesday 2020.11.25		Thursday 2020.11.26		Friday 2020.11.27		Saturday 2020.11.28		Sunday 2020.10.29	
Western Breakfast	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg
	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,
	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg
	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon
	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)
	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread
	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant
	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals
	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk
牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	
Chinese Breakfast	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn
	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn
	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks
	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake
	麻球 1.5	Deep Fried Sesame Glutinous Rice Ball	南瓜饼 (2个) 2.5	Pan Fried Pumpkin Cake (2Pic)	牛肉饼 5	Chinese Beef Cake	南瓜饼 (2个) 2.5	Pan Fried Pumpkin Cake (2Pic)	牛肉饼 5	Chinese Beef Cake	南瓜饼 (2个) 2.5	Pan Fried Pumpkin Cake (2Pic)	牛肉饼 5	Chinese Beef Cake
	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)
	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)	菜饭糕 2.5	Deep Fried Glutinous Rice Cake	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)	菜饭糕 2.5	Deep Fried Glutinous Rice Cake	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)	菜饭糕 2.5	Deep Fried Glutinous Rice Cake	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)
	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice
	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee
	花卷 2.5	Spring Onion Bun	牛奶馒头 2.5	Plain Bun	花卷 2.5	Spring Onion Bun	牛奶馒头 2.5	Plain Bun	花卷 2.5	Spring Onion Bun	牛奶馒头 2.5	Plain Bun	花卷 2.5	Spring Onion Bun
	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun
	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun
	豆沙包2.5	Steamed Red Bean Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	豆沙包2.5	Steamed Red Bean Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	豆沙包2.5	Steamed Red Bean Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	豆沙包2.5	Steamed Red Bean Bun
	梅菜包2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包2.5	Steamed Pork with Preserved Vegetable Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	梅菜包2.5	Steamed Pork with Preserved Vegetable Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	梅菜包2.5	Steamed Pork with Preserved Vegetable Bun
	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun
	南瓜粥 4	Pumpkin Congee	皮蛋瘦肉粥 4	Century Egg with Pork Congee	小米粥 4	Yellow Rice Congee	虾仁蔬菜粥 4	Shrimp and Vegetable Congee	胡萝卜蔬菜粥 4	Carrot and Vegetable Congee	番薯粥 4	Sweet Potato Congee	绿豆粥 4	Green Bean Congee
	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard
豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	
小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	
Revolution Noodle	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping
	Vegetables, Preserved Vegetables and Condiments 蔬菜及调味菜和调料													
	Chinese Meat or Vegetable Soup 猪肉白汤/蔬菜汤													
Chinese meat or vegetable soup 猪肉白汤/蔬菜汤														

Duke University Menu Lunch week		Executive Restaurant				Chartwells weekly menu				
Date	Monday 2020-10-23	Tuesday 2020-10-24	Wednesday 2020-10-25	Thursday 2020-10-26	Friday 2020-10-27					
<b>行政 午饭 Poached Hot Pot Station (麻辣烫档口)</b>										
海鲜类和牛肉类	青口Mussel / 鱿鱼Squid / 牛蛙 Bullfrog / 虾Prawn / 牛柳Beef Fillet / 肥牛片Sliced Beef Rib-Eye									6.5/ 50G
丸子类和肉类	广式香肠 Cantonese Sausage / 鱼豆腐 Fish Meat Cake/ 午餐肉 Luncheon Meat / 蟹肉棒 Crab Meat Stick / 牛肉丸 Beef Meat Ball / 墨鱼丸Cuttle Fish Meat Ball / 鸭血Duck Blood / 鸡翅中Chicken Wings / 鸭肠 Duck Intestine / 鸡柳 Chicken Fillet / 培根Bacon									4.5/ 50G
豆制品类和菌菇类/蔬菜类	豆芽 Bean Sprouts / 金针菇Enoki Mushroom / 香菇Shiitake Mushroom / 豆腐Beancurd / 玉米Cron/ 土豆片Sliced Potato / 海带结Sliced Kelp/ 冬瓜 Winter Gourd / 黑木耳Black Fungus / 百叶结Beancurd Sheets / 腐竹 Dried Beancurd Stick / 兰花干 Dry Beancurd/ 老油条 Dough Stick / 宽粉条Wide Vermicelli/ 年糕 Rice Cake / 生菜Lettuce / 白菜Cabbage / 方便面Instant Noodle / 乌冬面Udon Noodle / 西兰花Broccoli / 花菜Cauliflower / 菠菜Spinach / 莴笋Lettuce Stem / 蓬蒿菜 Tarragon / 杭白菜 Long Cabbage									Price 2.1/ 50G
秘制锅底	四川麻辣汤底 Sichuan Spicy Hot Soup (微辣Little Spicy /中辣 Medium Spicy/ 重辣 Very Spicy) 滋补高汤底 Pork and Chicken Bone Stock (微辣Little Spicy /中辣 Medium Spicy/ 重辣 Very Spicy)									Price Free
<b>Western Counter Carving Station (西餐档口)</b>										
现场切肉 Carving	扒鱼柳配奶油刁草汁, 玉米糊和混合蔬菜 Grilled Fish with Cream Dill Sauce , Polenta and Mixed Vegetable	Price ¥36.0	脆皮烧五花腩配蜂蜜芥末汁, 甜薯泥及花椰菜 Roasted Crispy Pork Belly with Honey Mustard Sauce,Sweet Potato Mash and Cauliflower	Price ¥36.0	纽约牛排三明治配薯条和色拉 New York Beef Sandwich with French Fries and Salad	Price ¥42.0	奶油玉米鸡肉汤 Chicken Corn Veloute 烤火鸡 Roasted Turkey 焗四季豆配面包 Baked Green Bean with Bread 烤土豆泥 Roasted Mashed Potato	Price ¥45.0	韩国辣酱烤梅肉 Korean BBQ Style Roasted Pork Shoulder Butt with Kimchi Paste	Price ¥36.0
<b>Western Counter Vegetarian Station (西餐素食档口)</b>										
素食 Vegetarian	西班牙土豆鸡蛋饼配蒜蓉汁及烤蔬菜 Spanish Potato Omelets with Aioli and Grilled Vegetables	Price ¥24.0	素食汉堡配薯条 Vegetarian Burger with French Fries	Price ¥24.0	素炸鸡块配黑椒汁及蔬菜色拉 Deep Fried Mushroom with Black Pepper Sauce and Green Salad	Price ¥24.0	奶油南瓜汤 Cream Pumpkin Soup 芝士焗白汁意面 Baked Penne with Carbonara 蒜香面包配蔓越莓果酱 Garlic Bread with Cranberry Jam 黄油蔬菜 Butter Cauliflower & Broccoli	Price ¥28.0	韩国泡菜饼 Korean Style Pan Fried Kimchi and Vegetable Cake	Price ¥24.0
<b>Teppanyaki Station (亚洲铁板档)</b>										
铁板档 Teppanyaki	上海肉丝炒麵 Shanghai Fried Noodle with Shredded Pork and Vegetable	Price ¥17.0	越南炒米粉 Vietnamese Fried Rice Vermicelli	Price ¥17.0	粤式烟肉榄菜炒饭 Cantonese Fried Rice with Bacon and Preserved Olive Vegetable	Price ¥17.0	奶油玉米鸡肉汤 Chicken Corn Veloute 德式烤鸡 German Style Roasted Chicken 蜜汁南瓜 Baked Pumpkin with Honey 芝士红薯泥 Sweet Cheese Mashed Potato	Price ¥36.0	韩式牛肉炒饭 Korean Style Fried Rice with Vegetable and Beef	Price ¥17.0
	美式炸鸡全翅	¥10.0	美式炸鸡全翅	¥10.0	美式炸鸡全翅	¥10.0	美式炸鸡全翅	¥10.0	美式炸鸡全翅	¥10.0
	香酥鸡米花/洋葱圈	¥ 12	香酥鸡米花/洋葱圈	¥ 12	香酥鸡米花/洋葱圈	¥ 12	香酥鸡米花/洋葱圈	¥ 12	香酥鸡米花/洋葱圈	¥ 12
<b>Dessert (甜品档口)</b>										
甜品档口 Dessert	巧克力撻 Chocolate Tart	¥ 9	巧克力撻 Chocolate Tart	¥ 9	巧克力撻 Chocolate Tart	¥ 9	南瓜派 Pumpkin Pie	¥ 9	巧克力撻 Chocolate Tart	¥ 9
	柠檬瑞士卷 Lemon Swiss Roll	¥ 9	柠檬瑞士卷 Lemon Swiss Roll	¥ 9	柠檬瑞士卷 Lemon Swiss Roll	¥ 9			柠檬瑞士卷 Lemon Swiss Roll	¥ 9
<b>Steam Dim Sum Station (蒸点档)</b>										
蒸点 Dim-sum	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics )	¥ 10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics )	¥ 10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics )	¥ 10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics )	¥ 10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics )	¥ 10
<b>Soup (汤)</b>										
汤盅 Soup	冬瓜排骨汤 Double -Boiled Pork Ribs with Winter Melon Soup	¥ 10	冬瓜排骨汤 Double -Boiled Pork Ribs with Winter Melon Soup	¥ 10	冬瓜排骨汤 Double -Boiled Pork Ribs with Winter Melon Soup	¥ 10	冬瓜排骨汤 Double -Boiled Pork Ribs with Winter Melon Soup	¥ 10	冬瓜排骨汤 Double -Boiled Pork Ribs with Winter Melon Soup	¥ 10
中式汤	西红柿鸡蛋汤 Tomato and Egg Soup	Free	白菜粉丝汤 Chinese Cabbage and Vermicelli Soup	Free	榨菜肉丝汤 Pickle and Pork Shredded Soup	Free	菌菇鸡蛋汤 Mushroom and Egg Soup	Free	紫菜蛋汤 Egg with Laver Soup	Free
西式汤	西兰花汤 Broccoli Soup	¥ 3.5	意大利蔬菜汤 Italia Vegetable Soup	¥ 3.5	京葱土豆汤 Potato and Leek Soup	¥ 3.5	匈牙利牛肉汤 Hungarian Goulash Soup	¥ 3.5	南瓜汤 Pumpkin Soup	¥ 3.5



# AB 午饭西餐

## University Restaurant Monday -Sunday

Date	Monday 2020.10.23	Tuesday 2020.10.24	Wednesday 2020.10.25	Thursday 2020.10.26	Friday 2020.10.27	Saturday 2020.10.28	Sunday 2020.10.29							
<b>Pasta Station 意大利面档口</b>														
意面 Pasta	鸡肉青酱意面 Pasta with Chicken and Pesto Sauce	¥28	海鲜茄汁意面 Pasta with Seafood and Tomato Sauce	¥33	奶油培根宽面 Carbonara	¥28	辣金枪鱼蘑菇意面 Pasta with Spicy Mushroom and Tuna	¥33	牛肉黑胡椒意面 Pasta with Beef and Black Pepper Sauce	¥33	大虾辣味茄汁意面 Pasta with Prawn and Arrabbiata Sauce	¥33	鸡肉蘑菇奶油意面 Pasta with Chicken and Mushroom Cream Sauce	¥28
	蔬菜青酱笔尖面 Pasta with Vegetable	¥24	茄汁意面 Pasta with Tomato Sauce	¥24	奶油蔬菜宽面 Pasta with Vegetable and Cream Sauce	¥24	蘑菇菠菜意面 Pasta with Mushroom and Spinach	¥24	蔬菜黑胡椒意面 Pasta with Vegetable and Black Pepper Sauce	¥24	蔬菜意面 Pasta with Vegetable and Arrabbiata Sauce	¥24	蘑菇奶油意面 Pasta with Vegetable and Mushroom Cream Sauce	¥24
<b>Sandwich, Burger Station 三明治, 汉堡档口</b>														
三明治 Sandwich	火腿芝士三明治 Ham and Cheese Sandwich	¥28	番茄鸡肉墨西哥卷 Mexican Chicken Tomato Roll	¥28	皮塔烤鸡三明治 Pita Bread with Roasted Chicken	¥28	烤牛肉三明治 Roasted Beef Sandwich	¥33	照烧鸡肉汉堡 Teriyaki Chicken's Burger	¥28	热狗 Hot Dog	¥28	火腿芝士三明治 Ham and Cheese Sandwich	¥28
	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24
<b>Pizza Station 披萨档口</b>														
披萨档口 Pizza Station	奥尔良烤肉披萨 Orleans Roasted Pork Pizza	¥30	牛肉披萨 Beef Pizza	¥35	海鲜披萨 Seafood Pizza	¥35	鸡肉披萨 Chicken Pizza	¥30	蘑菇火腿披萨 Ham with Mushroom Pizza	¥30	金枪鱼披萨 Tuna Pizza	¥35	香肠披萨 Sausage Pizza	¥30
	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24



# AB 午饭中餐

Date		Monday 2020.10.23	Tuesday 2020.10.24	Wednesday 2020.10.25	Thursday 2020.10.26	Friday 2020.10.27	Saturday 2020.10.28	Sunday 2020.10.29							
University Restaurant Chinese Counter 中餐档口															
Taste of Asia	Main Dish	黑椒洋葱炸猪扒 Deep Fried Pork Chop with Black Pepper and Onion Sauce	¥10	澳門咖喱土豆焗牛腩 Macanese Curry Beef with Potatoes	¥14	洋葱椒盐猪手 Deep Fried Pork Knuckle with Pepper and Salt	¥10	椒盐锅巴炒虾 Black Pepper Sauce Wok Fried Prawn with Vegetables and Crispy Rice	¥14	糖醋排骨 Braised Pork Ribs with Sweet Sour Sauce	¥14	粵式柱候土豆焗牛腩 Cantonese Braised Beef Brisket with Potato and Bean Sauce	¥14	梅菜扣肉 Braised Pork Belly with Preserved Vegetable	¥10
		沙姜盐焗鸡 Baked Chicken and Sand Ginger in Rock Salt	¥10	盐水鸭翅 Poached Duck Wing in Chinese Herbs and Pepper Sauce	¥10	玫瑰豉油雞捶 Poached Chicken Drumstick with Soya Sauce	¥10	北京烤鸭 Beijing Roasted Duck	¥10	麻椒孜然烤鸡 Roasted Chicken with Cumin and Sichuan Pepper	¥10	香炸琵琶腿 Deep Fried Chicken Leg	¥10	茄汁鸡翅根 Braised Chicken Drumstick with Tomato Sauce	¥10
		水煮鱼片 Poached Fish and Vegetables in Spicy Sauce	¥10	咸蛋黄鱼柳 Deep Fried Fish with Salted Egg Yolk Paste	¥10	番茄酸汤鱼片 Poached Fish in Tomato Spicy Sour Soup	¥10	菠萝咕咾鱼 Deep Fried Fish with Sweet Sour Sauce and Pineapple	¥14	陈皮豆豉蒸鲳鱼 Steamed Pomfret Fish with Preserved Black Bean Paste	¥14	剁椒蒸鱼 Steamed Fish with Red Chili Sauce	¥10	香辣干锅鱼 Wok Fried Fish with Chili and Lotus Root	¥10
	Mixed Dish	萝卜干毛豆炒肉丁 Stir Fried Pork with Edamame and Radish Pickle	¥7	杏鲍菇青笋炒鸡片 Fried Sliced Chicken with Mushroom and Lettuce Stem	¥7	酱爆肉丁 Fried Pork and Vegetable with Bean Sauce	¥7	蒜台香干肉丝 Fried Shredded Pork With Dry Beancurd and Garlic Stem	¥7	回锅肉片 Wok Fried Pork with Vegetable and Chili	¥7	花菜炒肉 Stir Fried Pork with Cauliflower	¥7	咸菜毛豆肉末 Stir Fried Minced Pork with Edamame and Pickle	¥7
		火腿木耳炒蛋 Stir Fried Egg with Black Fungus and Ham		香辣莲藕炒肉片 Fried Lotus Root with Pork and Chill Sauce		虾仁炖蛋 Steamed Egg Custard with Shrimp		麻辣鸭血 Braised Duck Blood with Spicy Sauce		午餐肉煎蛋 Pan Fried Egg with Luncheon Meat		酸菜腐竹炒鸡片 Stir Fried Chicken with Dried Beancurd Stick and Pickle		韭菜炒蛋 Stir Fried Egg with Leek	
	Vegetables	菌菇烧百叶 Braised Beancurd Sheets with Mushroom	¥4	红烧豆腐 Braised "Tofu" with Soya Sauce	¥4	尖椒炒百叶 Stir Fried Dried Beancurd Sheet with Chili	¥4	香菇菜心烩面筋 Fried Gluten with Mushroom and Shanghai Cabbage	¥4	卤水素鸡 Soya Sauce Bean Curd	¥4	榄菜毛豆煮豆腐 Fried Beancurd with Mushroom and Preserved Olive Vegetable	¥4	麻婆豆腐 Mapo Tofu	¥4
		清炒青菜 Stir Fried Shanghai Cabbage		蒜蓉油麦菜 Stir Fried Indian Lettuce with Garlic		清炒杭白菜 Stir Fried Chinese Cabbage		蚝油球生菜 Stir Fried Lettuce with Oyster Sauce		上汤娃娃菜 Fried Cabbage in Superior Soup		豉油菜心 Fried Cantonese Cabbage		清炒杭白菜 Poached Chinese Cabbage	
		干锅手撕包菜 Wok Fried Cabbage with Chili		青椒炒豆芽 Stir-Fried Bean Sprouts with Bell Pepper		椒盐土豆 Deep Fried Potato with Salted and Pepper		蒜香海带结 Stir Fried Kelp with Garlic		葱油芋艿 Braised Taro with Spring Onion		醋溜白菜 Stir Fried Cabbage with Vinegar Sauce		葱油黄瓜 Stir Fried Cucumber with Spring Onion	
	面食档口 Noodles Station	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle	¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle	¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle	¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle	¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle	¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle	¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle	¥24
	中式汤 Chinese Soup	西红柿鸡蛋汤 Tomato and Egg Soup	Free	白菜粉丝汤 Chinese Cabbage and Vermicelli Soup	Free	榨菜肉末汤 Pickle and Pork Soup	Free	菌菇鸡蛋汤 Mushroom and Egg Soup	Free	紫菜蛋汤 Egg with Laver Soup	Free	鱼头豆腐汤 Fish Head and Beancurd Soup	Free	青菜豆腐汤 Beancurd and Shanghai Cabbage Soup	Free
	西式汤 Western Soup	西兰花汤 Broccoli Soup	¥ 3.5	意大利蔬菜汤 Italia Vegetable Soup	¥ 3.5	京葱土豆汤 Potato and Leek Soup	¥ 3.5	匈牙利牛肉汤 Hungarian Goulash Soup	¥ 3.5	南瓜汤 Pumpkin Soup	¥ 3.5	胡萝卜汤 Carrot Soup	¥ 3.5	番茄汤 Tomato Soup	¥ 3.5



# AB 晚饭西餐

## University Restaurant Monday - Sunday

Date	Monday 2020.10.23	Tuesday 2020.10.24	Wednesday 2020.10.25	Thursday 2020.10.26	Friday 2020.10.27	Saturday 2020.10.28	Sunday 2020.10.29							
<b>Pasta Station 意大利面档口</b>														
意面 Pasta	鸡肉青酱意面 Pasta with Chicken and Pesto Sauce	¥28	海鲜茄汁意面 Pasta with Seafood and Tomato Sauce	¥33	奶油培根宽面 Carbonara	¥28	辣金枪鱼蘑菇意面 Pasta with Spicy Mushroom and Tuna	¥33	牛肉黑胡椒意面 Pasta with Beef and Black Pepper Sauce	¥33	大虾辣味茄汁意面 Pasta with Prawn and Arrabbiata Sauce	¥33	鸡肉蘑菇奶油意面 Pasta with Chicken and Mushroom Cream Sauce	¥28
	蔬菜青酱笔尖面 Pasta with Vegetable	¥24	茄汁意面 Pasta with Tomato Sauce	¥24	奶油蔬菜宽面 Pasta with Vegetable and Cream Sauce	¥24	蘑菇菠菜意面 Pasta with Mushroom and Spinach	¥24	蔬菜黑胡椒意面 Pasta with Vegetable and Black Pepper Sauce	¥24	蔬菜意面 Pasta with Vegetable and Arrabbiata Sauce	¥24	蘑菇奶油意面 Pasta with Vegetable and Mushroom Cream Sauce	¥24
<b>Sandwich, Burger Station 三明治, 汉堡档口</b>														
三明治 Sandwich	火腿芝士三明治 Ham and Cheese Sandwich	¥28	番茄鸡肉墨西哥卷 Mexican Chicken Tomato Roll	¥28	皮塔烤鸡三明治 Pita Bread with Roasted Chicken	¥28	烤牛肉三明治 Roasted Beef Sandwich	¥33	照烧鸡肉汉堡 Teriyaki Chicken's Burger	¥28	热狗 Hot Dog	¥28	火腿芝士三明治 Ham and Cheese Sandwich	¥28
	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24
<b>Pizza Station 披萨档口</b>														
披萨档口 Pizza Station	奥尔良烤肉披萨 Orleans Roasted Pork Pizza	¥30	牛肉披萨 Beef Pizza	¥35	海鲜披萨 Seafood Pizza	¥35	鸡肉披萨 Chicken Pizza	¥30	蘑菇火腿披萨 Ham with Mushroom Pizza	¥30	金枪鱼披萨 Tuna Pizza	¥35	香肠披萨 Sausage Pizza	¥30
	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24
<b>Western Counter Carving Station (西餐档口)</b>														
现场切肉 Carving	香辣鸡腿配薯条 Spicy Drumstick with French Fries	Price ¥36	韩式炸鸡 Fried Chicken Korean Style	Price ¥36	炸鱼薯条 Fish and Chips	Price ¥36	烤鸭腿配土豆泥 Roasted Duck Leg with Mashed Potato	Price ¥36	芥末猪柳配小米饭 Pork Fillet with Mustard and Rice	Price ¥36	煎柠檬鱼配烤土豆 Pan Fried Fish with Lemon and Baked Potato	Price ¥36	米兰猪排配烤红薯 Milan Pork Chop with Baked Sweet Potato	Price ¥36
	<b>Western Counter Vegetarian Station (西餐素食档口)</b>													
素食 Vegetarian	咖喱鹰嘴豆配米饭 Curry Chick Pea with Rice	Price ¥24.0	韩式泡菜饼配蔬菜 Korean kimchi Pancake with Vegetables	Price ¥24	蔬菜千层面 Vegetable Lasagna	Price ¥24	中东小米配烤蔬菜土豆 Couscous with Baked Vegetables and Potatoes	Price ¥24	咖喱角配烤南瓜 Samosa with Roasted Pumpkin	Price ¥24	西班牙土豆鸡蛋饼配烤蔬菜 Spanish Potato Omelette with Baked Vegetables	Price ¥24	墨西哥蔬菜卷配沙沙 Mexican Vegetable Roll with Tomato Salsa	Price ¥24



# AB 晚饭中餐

## University Restaurant Chinese Counter 中餐档口

Date	Monday 2020.10.23	Tuesday 2020.10.24	Wednesday 2020.10.25	Thursday 2020.10.26	Friday 2020.10.27	Saturday 2020.10.28	Sunday 2020.10.29	
<b>Main Dish</b>  <b>Mixed Dish</b>  <b>Vegetables</b>	香辣烤鸭腿 Roasted Spicy Duck Leg ¥10	虎皮蛋红烧肉 Braised Pork Belly with Egg and Soy Sauce ¥10	蚝油牛肉 Fried Beef with Vegetable and Oyster Sauce ¥14	茄汁肉丸 Braised Pork Meatballs with Tomato Sauce ¥10	黄豆酸菜焖排骨 Braised Pork Ribs with Sichuan Pickle and Yellow Bean ¥10	油面筋塞肉 Braised Minced Pork stuffing Gluten ¥10	蜜汁叉烧 BBQ Pork ¥10	
	蒜泥白肉 Poached Pork Belly with Garlic and Spicy Sauce ¥10	内蒙风沙鸡 Mongolia Roasted Chicken with Garlic ¥10	腊味蒸鸡块 Steamed Chicken with Cured Meat ¥10	蒜香烤鸭腿 Roasted Duck Leg with Garlic ¥10	脆炸鸡排 Crispy Deep Fried Chicken ¥10	椰汁咖喱土豆鸡块 Curry Chicken with Potato and Coconut Milk ¥10	椒盐鱼块 Deep Fried Fish with Salt Pepper ¥10	
	莴笋炒咸肉 Stir-Fried Lettuce Stem with Salted Pork ¥7	鱼香肉丝 Stir Fried Shredded Pork with Vegetable and Chill Sauce ¥7	白菜香菇烩狮子头 Braised Pork Meatball with Cabbage and Mushroom ¥7	豉椒炒肉片 Stir Fried Sliced Pork with Chill and Black Bean ¥7	肉末干煸四季豆 Wok Fried Long Bean with Minced Pork and Dried Chili ¥7	榨菜香干肉丝 Fried Shredded Pork with Dry Beancurd and Pickle Vegetable ¥7	小葱炖蛋 Steamed Egg Custard with Scallions ¥7	
	青椒炒鸡蛋 Stir Fried Egg with Green Pepper ¥7	萝卜干蟹柳煎蛋 Pan Fried Egg with Pickled Vegetable and Crab Stick ¥7	酸辣墨鱼花 Stir Fried Squid Fish with Vegetable ¥7	西红柿炒蛋 Stir Fried Egg with Tomato ¥7	咖喱萝卜鱼蛋 Curry Fish Meatball with White Turnip ¥7	三色炖蛋 Steamed Egg Custard with Century Egg and Salted Egg ¥7	豉椒炒鸡片 Stir Fried Chicken with Chill and Black Bean ¥7	
	东北地三鲜 Fried Potato, Green Pepper and Eggplant ¥4	青椒土豆丝 Stir Fried Shredded Potato with Bell Pepper ¥4	番茄榨菜炒包菜 Stir Fried Cabbage with Tomato and Pickle ¥4	榨菜烧冬瓜 Braised Winter Melon with Pickle ¥4	香辣土豆片 Fried Sliced Potato with Sichuan Pepper and Chili ¥4	清炒花菜 Stir-Fried Cauliflower ¥4	鱼香茄子 Stir Fried Eggplant with Spicy Sour Sauce ¥4	
	清炒杭白菜 Poached Chinese Cabbage ¥4	豉油菜心 Fried Cantonese Cabbage ¥4	清炒青菜 Stir Fried Shanghai Cabbage ¥4	蒜泥杭白菜 Stir Fried Chinese Cabbage with Garlic ¥4	蒜蓉油麦菜 Stir Fried Indian Lettuce with Garlic ¥4	腐乳炒通菜 Stir Fried Water Spinach with Fermented Beancurd ¥4	上汤娃娃菜 Fried Cabbage in Superior Soup ¥4	
	老卤豆干 Braised Dry Beancurd with Chinese Herbs Soy Sauce ¥4	芹菜炒香干 Stir Fried Celery with Dried Beancurd ¥4	雪菜豆干炒毛豆 Stir Fried Preserved Vegetable with Edamame Bean and Dried Beancurd ¥4	鸡汁烩百叶 Braised Dried Beancurd Sheet with Chicken Stock ¥4	素鸡木耳炒笋瓜 Stir Fried Beancurd with Black Fungus and Chinese Zucchini ¥4	青椒炒干丝 Stir Fried Beancurd Sheet with Green Pepper ¥4	黄豆芽炒油豆腐 Stir Fried Bean Sprout with Bean Curd Puff ¥4	
	<b>面食档口</b> Noodles Station	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle ¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle ¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle ¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle ¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle ¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle ¥24	越南牛肉河粉 Vietnamese Beef Soup Rice Noodle ¥24
	<b>Steam Dim Sum</b> 蒸点	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics ) ¥10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics ) ¥10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics ) ¥10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics ) ¥10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics ) ¥10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics ) ¥10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics ) ¥10
		菜肉蒸饺 ( 4个) Steamed Pork and Vegetable Dumpling (4 pics) ¥5	菜肉蒸饺 ( 4个) Steamed Pork and Vegetable Dumpling (4 pics) ¥5	菜肉蒸饺 ( 4个) Steamed Pork and Vegetable Dumpling (4 pics) ¥5	菜肉蒸饺 ( 4个) Steamed Pork and Vegetable Dumpling (4 pics) ¥5	菜肉蒸饺 ( 4个) Steamed Pork and Vegetable Dumpling (4 pics) ¥5	菜肉蒸饺 ( 4个) Steamed Pork and Vegetable Dumpling (4 pics) ¥5	菜肉蒸饺 ( 4个) Steamed Pork and Vegetable Dumpling (4 pics) ¥5
	<b>中式汤</b> Chinese Soup	西红柿鸡蛋汤 Tomato and Egg Soup Free	白菜粉丝汤 Chinese Cabbage and Vermicelli Soup Free	榨菜肉丝汤 Pickle and Pork Shredded Soup Free	菌菇鸡蛋汤 Mushroom and Egg Soup Free	紫菜蛋汤 Egg with Laver Soup Free	雪菜冬瓜汤 Preserved Vegetable with Winter Gourd Soup Free	青菜豆腐汤 Beancurd and Shanghai Cabbage Soup Free
	<b>西式汤</b> Western Soup	西兰花汤 Broccoli Soup ¥ 3.5	意大利蔬菜汤 Italia Vegetable Soup ¥ 3.5	京葱土豆汤 Potato and Leek Soup ¥ 3.5	匈牙利牛肉汤 Hungarian Goulash Soup ¥ 3.5	南瓜汤 Pumpkin Soup ¥ 3.5	胡萝卜汤 Carrot Soup ¥ 3.5	番茄汤 Tomato Soup ¥ 3.5