

# 早饭

University Dining weekly Breakfast menu



Date	Monday 2020.11.16		Tuesday 2020.11.17		Wednesday 2020.11.18		Thursday 2020.11.19		Friday 2020.11.20		Saturday 2020.11.21		Sunday 2020.11.22	
Western Breakfast	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg	西式煎鸡蛋 2.5	Pan Fried Egg
	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,	西式炒鸡蛋 8	Scrambled Eggs,
	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg	煮鸡蛋 2.5	Boiled Egg
	法式吐司 8	French Toast	法式吐司 8	French Toast	法式吐司 8	French Toast	法式吐司 8	French Toast	法式吐司 8	French Toast	法式吐司 8	French Toast	法式吐司 8	French Toast
	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon	煎培根 3	Bacon
	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)	早餐肠 3.5	Breakfast Sausage (Pork or Chicken)
	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread	吐司面包配果酱 3.5	Toast Bread
	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant	迷你羊角包 6.5	Mini Croissant
	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals	三种谷类 11	Three Cereals
	牛奶+法式吐司 13	Milk+French Toast	咖啡+法式吐司 13	Coffee+French Toast	豆浆+法式吐司 10	Soybean Milk+French Toast	牛奶+法式吐司 13	Milk+French Toast	咖啡+法式吐司 13	Coffee+French Toast	豆浆+法式吐司 10	Soybean Milk+French Toast	牛奶+法式吐司 13	Milk+French Toast
	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk
牛奶+火腿蛋堡15	Milk+Egg Cheese Burger	咖啡+火腿蛋堡15	Coffee+Egg Cheese Burger	豆浆+火腿蛋堡12	Soybean Milk+Egg Cheese Burger	牛奶+火腿蛋堡15	Milk+Egg Cheese Burger	咖啡+火腿蛋堡15	Coffee+Egg Cheese Burger	豆浆+火腿蛋堡12	Soybean Milk+Egg Cheese Burger	牛奶+火腿蛋堡15	Milk+Egg Cheese Burger	
牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	牛奶 7	Milk	
Chinese Breakfast	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn	五谷杂粮 (3种) 2.5	Roasted Sweet Potato, Pumpkin, Corn
	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn	牛奶甜玉米 2.5	Milk Sweet Corn
	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks	油条 2	Deep-Fried Dough Sticks
	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake	鸡蛋飞饼 5	Chinese Egg Pancake
	麻球 1.5	Deep Fried Sesame Glutinous Rice Ball	南瓜饼 (2个) 2.5	Pan Fried Pumpkin Cake (2Pic)	牛肉饼 5	Chinese Beef Cake	南瓜饼 (2个) 2.5	Pan Fried Pumpkin Cake (2Pic)	牛肉饼 5	Chinese Beef Cake	南瓜饼 (2个) 2.5	Pan Fried Pumpkin Cake (2Pic)	牛肉饼 5	Chinese Beef Cake
	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)	煎饺 (2个) 2.5	Pan Fried Pork Dumpling (2Pic)
	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)	菜饭糕 2.5	Deep Fried Glutinous Rice Cake	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)	菜饭糕 2.5	Deep Fried Glutinous Rice Cake	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)	菜饭糕 2.5	Deep Fried Glutinous Rice Cake	红糖发糕 (2片) 2.5	Steamed Brown Sugar Sponge Cake (2Pic)
	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice	炒饭 4	Fried Rice
	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee	白粥 1.5	Plain Congee
	花卷 2.5	Spring Onion Bun	牛奶馒头 2.5	Plain Bun	花卷 2.5	Spring Onion Bun	牛奶馒头 2.5	Plain Bun	花卷 2.5	Spring Onion Bun	牛奶馒头 2.5	Plain Bun	花卷 2.5	Spring Onion Bun
	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun	蔬菜包 2.5	Steamed Vegetable Bun
	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun	鲜肉包 2.5	Steamed Pork Bun
	豆沙包 2.5	Steamed Red Bean Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	豆沙包 2.5	Steamed Red Bean Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	豆沙包 2.5	Steamed Red Bean Bun	麻辣粉丝包 2.5	Steamed Spicy Pork with Vermicelli Bun	豆沙包 2.5	Steamed Red Bean Bun
	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun	梅菜包 2.5	Steamed Pork with Preserved Vegetable Bun
	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun	奶黄包 2.5	Steamed Creamy Custard Bun
	南瓜粥 4	Pumpkin Congee	皮蛋瘦肉粥 4	Century Egg with Pork Congee	小米粥 4	Yellow Rice Congee	虾仁蔬菜粥 4	Shrimp and Vegetable Congee	胡萝卜蔬菜粥 4	Carrot and Vegetable Congee	番薯粥 4	Sweet Potato Congee	绿豆粥 4	Green Bean Congee
	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard	豆腐花 4	Beancurd Custard
豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	豆浆 3	Soybean Milk	
Revolution Noodle	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton	小馄饨 10	Soup Wonton
	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping	浇头汤面 10	Soup Noodles with Topping
	Vegetables, Preserved Vegetables and Condiments 蔬菜及调味菜和调料													
Chinese Meat or Vegetable Soup 猪肉白汤/蔬菜汤														
Chinese meat or vegetable soup 猪肉白汤/蔬菜汤														

Duke University Menu Lunch week		Executive Restaurant				Chartwells weekly menu 				
Date	Monday 2020-11-16	Tuesday 2020-11-17	Wednesday 2020-11-18	Thursday 2020-11-19	Friday 2020-11-20					
<b>行政午饭 Poached Hot Pot Station (麻辣烫档口)</b>										
海鲜类和牛肉类 Seafood and Beef	青口Mussel / 鱿鱼Squid / 牛蛙 Bullfrog / 虾Prawn / 牛柳Beef Fillet / 肥牛片Sliced Beef Rib-Eye									Price 6.5 /50G
丸子类和肉类 Meatball and Meat	广式香肠 Cantonese Sausage / 鱼豆腐 Fish Meat Cake/ 午餐肉 Luncheon Meat / 蟹肉棒 Crab Meat Stick / 牛肉丸 Beef Meat Ball / 墨鱼丸Cuttle Fish Meat Ball / 鸭血Duck Blood / 鸡翅中Chicken Wings / 鸭肠 Duck Intestine / 鸡柳 Chicken Fillet / 培根Bacon									Price 4.5 /50G
豆制品类和菌菇类/ 蔬菜类 Soy Bean Goods and Fungus & Mushrooms /Vegetables	豆芽 Bean Sprouts / 金针菇Enoki Mushroom / 香菇Shiitake Mushroom / 豆腐Beancurd / 玉米Cron/ 土豆片Sliced Potato / 海带结Sliced Kelp/ 冬瓜 Winter Gourd / 黑木耳Black Fungus / 莲藕Lotus Root / 腐竹 Dried Beancurd Stick / 兰花干 Dry Beancurd/ 老油条 Dough Stick / 宽粉条Wide Vermicelli/ 年糕 Rice Cake / 生菜Lettuce / 白菜Cabbage / 方便面Instant Noodle / 乌冬面Udon Noodle / 西兰花Broccoli / 花菜Cauliflower / 菠菜Spinach / 莴笋Lettuce Stem / 蓬蒿菜 Tarragon / 杭白菜 Long Cabbage									Price 2.1 /50G
秘制锅底 Pot Base	四川麻辣汤底 Sichuan Spicy Hot Soup (微辣Little Spicy / 中辣 Medium Spicy/ 重辣 Very Spicy) 滋补高汤底 Pork and Chicken Bone Stock (微辣Little Spicy / 中辣 Medium Spicy/ 重辣 Very Spicy)									Price Free
<b>Western Counter Carving Station (西餐档口)</b>										
现场切肉 Carving	慢煮猪颈肉配烤土豆胡萝卜 Slow Cooked Pork Neck with Roasted Potato, Snow Pea and Carrot	Price 36	黑椒烤牛霖配烤南瓜和洋葱土豆 Roasted Beef with Baked Pumpkin and Onion Potato	Price 48	肉面包配蜂蜜苹果汁和土豆泥及白花菜 Meat Loaf with Apple Honey Sauce Mashed Potato and Cauliflower	Price 38	烤火腿配土豆泥和炒西兰花 Honey Glazed Ham with Mashed Potato and Sautéed Broccoli	Price 38	脆皮烤猪手配酸菜及焗椰菜花 Oven Roasted Crispy Pork Knuckle Served Sauerkraut, Baked Cauliflower	Price 38
<b>Western Counter Vegetarian Station (西餐素食档口)</b>										
素食 Vegetarian	芝士焗花椰菜配土豆泥 Baked Cauliflower with Cheese & Mashed Potato	Price 24	蔬菜千层面配芝士南瓜和茄子 Vegetable Lasagna with Cheese Pumpkin and Eggplant	Price 24	青酱螺丝粉配蒜香面包 Fusilli Pesto with Garlic Bread	Price 24	奶油千层土豆配黄油时蔬 Baked Cheese Potato with Broccoli & Cauliflower	Price 24	咖喱蔬菜配米饭 Curry Vegetable with Rice	Price 24
<b>Teppanyaki Station (亚洲铁板档)</b>										
铁板档 Teppanyaki	新洲炒米粉 Singapore fired rice noodle	Price 17	印尼炒饭 Nasi Goreng	Price 17	韩式炒年糕 Korean Fried Glutinous Rice Cake with Kimchi	Price 17	日式炒乌冬 Japanese Fried U-don	Price 17	扬州炒饭 Yang Zhou Fried Rice	Price 17
	美式炸鸡全翅 American Deep Fried Spicy Chicken Wing	10	美式炸鸡全翅 American Deep Fried Spicy Chicken Wing	10	美式炸鸡全翅 American Deep Fried Spicy Chicken Wing	10	美式炸鸡全翅 American Deep Fried Spicy Chicken Wing	10	美式炸鸡全翅 American Deep Fried Spicy Chicken Wing	10
	香酥鸡米花/洋葱圈 Chicken Nuggets / Onion Ring	12	香酥鸡米花/洋葱圈 Chicken Nuggets / Onion Ring	12	香酥鸡米花/洋葱圈 Chicken Nuggets / Onion Ring	12	香酥鸡米花/洋葱圈 Chicken Nuggets / Onion Ring	12	香酥鸡米花/洋葱圈 Chicken Nuggets / Onion Ring	12
<b>Dessert (甜品档口)</b>										
甜品档口 Dessert	酸奶布丁 Yoghurt Pudding	9	酸奶布丁 Yoghurt Pudding	9	酸奶布丁 Yoghurt Pudding	9	酸奶布丁 Yoghurt Pudding	9	酸奶布丁 Yoghurt Pudding	9
	柠檬瑞士卷 Lemon Swiss Roll	9	柠檬瑞士卷 Lemon Swiss Roll	9	柠檬瑞士卷 Lemon Swiss Roll	9	柠檬瑞士卷 Lemon Swiss Roll	9	柠檬瑞士卷 Lemon Swiss Roll	9
<b>Steam Dim Sum Station (蒸点档)</b>										
蒸点 Steam Dim-sum	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics )	10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics )	10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics )	10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics )	10	小笼包 Steamed Shanghais Pork Dumpling ( 6 pics )	10
<b>Soup (汤)</b>										
西式汤 Western	南瓜汤 Pumpkin Soup	3.5	意大利蔬菜汤 Italia Vegetable Soup	3.5	鸡肉蔬菜汤 Chicken Vegetable Soup	3.5	墨西哥番茄玉米汤 Mexican Tomato&Corn Soup	3.5	奶油蘑菇汤 Mushroom Soup	3.5
中式汤 Chinese Soup	榨菜番茄汤 Tomato with Pickle Soup	Free	冬瓜雪菜汤 Winter Melon and Preserved Vegetable Soup	Free	紫菜豆腐羹 Laver and "Tofu" Soup	Free	黄豆猪骨汤 Pork Bone and Soya Bean Soup.	Free	豆腐鱼汤 Beancurd and Fish Soup	Free
Soup汤盅 Soup	茶树菇红枣煲老鸡汤 Tea Tree Mushroom and Dried Red Dates with Elder Chicken Soup	10	茶树菇红枣煲老鸡汤 Tea Tree Mushroom and Dried Red Dates with Elder Chicken Soup	10	茶树菇红枣煲老鸡汤 Tea Tree Mushroom and Dried Red Dates with Elder Chicken Soup	10	茶树菇红枣煲老鸡汤 Tea Tree Mushroom and Dried Red Dates with Elder Chicken Soup	10	茶树菇红枣煲老鸡汤 Tea Tree Mushroom and Dried Red Dates with Elder Chicken Soup	10



Date		Monday 2020.11.16	Tuesday 2020.11.17	Wednesday 2020.11.18	Thursday 2020.11.19	Friday 2020.11.20	Saturday 2020.11.21	Sunday 2020.11.22							
<b>AB 午饭中餐 University Restaurant Chinese Counter 中餐档口</b>															
Taste of Asia	Main Dish	红烧土豆牛肉 Braised Beef Brisket and Potato with Soya Sauce	¥14	蜜汁叉烧 Cantonese BBQ Pork	¥10	豆腐干烧肉 Braised Pork Belly with Dry Beancurd	¥10	香辣年糕虾 Stir Fried Prawn with Glutinous Rice	¥14	黑椒菌菇牛柳粒 Stir Fried Beef with Mushroom and Black Pepper	¥14	酸菜黄豆焖排骨 Braised Pork Ribs with Preserved Vegetable and Soya Bean	¥10	香脆卤味猪手 Roasted Crispy and Spicy Pork Knuckle	¥10
		酸菜鱼 Poached Fish with Pickle in Spicy Sacue	¥10	香煎带鱼 Pan Fried Hairtail Fish with Slat Pepper	¥10	过水鱼片 Poached Fish with Lettuce Stem and Spicy Sauce	¥10	红烧鱼块 Braised Fish with Black Fungus and Soya Sauce	¥10	雪菜蒸黄鱼 Steamed Yellow Fish with Preserved Vegetable	¥10	咖喱浓汤鱼片配乌冬面 Poached Fish with Udon Noodle in Curry Sauce	¥10	粉蒸土豆牛肉 Steamed Beef with Rice Flour and Potato	¥14
		脆炸酥肉 Deep Fried Pork with Five Spicy Salt	¥10	腐竹烧鸭块 Braised Duck and Dry Beancurd Sheet and Soya Sauce	¥10	菠萝古老鸡球 Deep Fried Chicken with Sweet Sour Sauce and Pineapple	¥10	椒盐排条 Deep Fried Pork with Five Spicy Salt Pepper	¥10	毛豆炒仔鸡 Stir Fried Chicken with Edamame Bean	¥10	红烧鸡腿 Braised Chicken Leg	¥10	小鸡炖蘑菇 Braised Chicken with Mushroom and Vermicelli	¥10
	Mixed Dish	韭菜烧鸭血 Stir Fried Duck Blood with Leek	¥7	番茄炒蛋 Stir Fried Egg with Tomato	¥7	香菇炖蛋 Steamed Egg Custard with Mushroom	¥7	黄瓜炒鸡蛋 Stir Fried Eggs with Cucumber	¥7	肉末粉丝 Stir Fried Vermicelli with Minced Pork	¥7	尖椒炒鸡蛋 Fried Eggs with Chili	¥7	蟹柳蒸蛋 Steamed Egg Custard with Crab Meat	¥7
		蚝油双菇烩鸡片 Stir Fried Chicken with Mixed Mushroom		回锅肉片 Wok Fried Sliced Pork with Chili and Cabbage		胡萝卜肉丝炒腐竹 Stir Fried Shredded Pork with Carrot and Dried Beancurd Stick		宫保鸡丁 Kung Pao Chicken		椒盐藕夹 Deep Fried Minced Pork Stuffing Lotus Root		酱爆莲藕肉丁 Stir Fried Pork with Lotus Root and Bean Paste		海带炒肉丝 Stir Fried Pork with Kelp	
		青椒炒茄丝 Wok Fried Shredded Eggplant with Chili	¥4.0	山药炒木耳 Fried Fresh Yam with Black Fungus	¥4	酸辣藕丁 Stir Fried Lotus Root with Sour Spicy Sauce	¥4	葱油萝卜丝 Stir Fried Shredded White Turnip with Spring Onion	¥4	炒杂菜玉米粒 Fried Kernel Corn with Carrot	¥4	地三鲜 Stir Fried Potato ,Green Pepper and Eggplant with Soya Sauce	¥4	醋溜土豆丝 Stir Fried Shredded Potato with Vinegar	¥4
	炒青菜 Stir Fried Shanghai Cabbage	蒜蓉油麦菜 Stir Fried Sativa Lettuce with Garlic		清炒杭白菜 Stir Fried Chinese Cabbage		蒜泥炒空心菜 Stir Fried Water Spinash with Garlic		蚝油球生菜 Stir Fried Lettuce with Oyster Sauce		清炒杭白菜 Stir Fried Chinese Cabbage		蒜蓉娃娃菜 Poached Cabbage with Garlic			
	榨菜毛豆烧豆腐 Braised Beancurd with Edamame and Pickle	雪菜粉皮 Braised Green Bean Jelly with Preserved Vegetable		香菇扁尖烧豆腐 Braised Beancurd with Preserved Bamboo Shoots and Mushroom		芹菜炒香干 Stir Fried Celery with Dry Beancurd		白菜面筋 Stir Fried White Cabbage with Gluten		小葱炖豆腐 Braised Beancurd with Spring Onion		卤水五香豆腐 Soya Sauce Dry Bean Curd			
	面食档口 Noodles Station	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19
	中式汤 Chinese Soup	榨菜番茄汤 Tomato with Pickle Soup	Free	冬瓜雪菜汤 Winter Melon and Preserved Vegetable Soup	Free	紫菜豆腐羹 Laver and "Tofu" Soup	Free	黄豆猪骨汤 Pork Bone and Soya Bean Soup.	Free	豆腐鱼汤 Beancurd and Fish Soup	Free	卷心菜猪骨汤 Pork Bone with Cabbage Soup	Free	蕃茄土豆汤 Tomato and Potato with Egg Soup	Free
	西式汤 Western Soup	南瓜汤 Pumpkin Soup	3.5	意大利蔬菜汤 Italia Vegetable Soup	3.5	鸡肉蔬菜汤 Chicken Vegetable Soup	3.5	墨西哥番茄玉米汤 Mexican Tomato&Corn Soup	3.5	奶油蘑菇汤 Mushroom Soup	3.5	法式洋葱汤 Onion Soup	3.5	番茄汤 Tomato Soup	3.5



**University Restaurant Monday -Sunday**

Date	Monday 2020.11.16	Tuesday 2020.11.17	Wednesday 2020.11.18	Thursday 2020.11.19	Friday 2020.11.20	Saturday 2020.11.21	Sunday 2020.11.22							
<b>Pasta Station 意大利面档口</b>														
意面 Pasta	鸡肉青酱意面 Pasta with Chicken and Pesto Sauce	¥28	海鲜茄汁意面 Pasta with Seafood and Tomato Sauce	¥33	奶油培根宽面 Carbonara	¥28	辣金枪鱼蘑菇意面 Pasta with Spicy Mushroom and Tuna	¥33	牛肉黑胡椒意面 Pasta with Beef and Black Pepper Sauce	¥33	大虾辣味茄汁意面 Pasta with Prawn and Arrabiata Sauce	¥33	鸡肉蘑菇奶油意面 Pasta with Chicken and Mushroom Cream Sauce	¥28
	蔬菜青酱笔尖面 Pasta with Vegetable	¥24	茄汁意面 Pasta with Tomato Sauce	¥24	奶油蔬菜宽面 Pasta with Vegetable and Cream Sauce	¥24	蘑菇菠菜意面 Pasta with Mushroom and Spinach	¥24	蔬菜黑胡椒意面 Pasta with Vegetable and Black Pepper Sauce	¥24	蔬菜意面 Pasta with Vegetable and Arrabiata Sauce	¥24	蘑菇奶油意面 Pasta with Vegetable and Mushroom Cream Sauce	¥24
<b>Sandwich, Burger Station 三明治, 汉堡档口</b>														
三明治 Sandwich	火腿芝士三明治 Ham and Cheese Sandwich	¥28	番茄鸡肉墨西哥卷 Mexican Chicken Tomato Roll	¥28	皮塔烤鸡三明治 Pita Bread with Roasted Chicken	¥28	烤牛肉三明治 Roasted Beef Sandwich	¥33	照烧鸡肉汉堡 Teriyaki Chicken's Burger	¥28	热狗 Hot Dog	¥28	火腿芝士三明治 Ham and Cheese Sandwich	¥28
	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24	鸡蛋蔬菜三明治 Vegetable and Egg Sandwich	¥24
<b>Pizza Station 披萨档口</b>														
披萨档口 Pizza Station	奥尔良烤肉披萨 Orleans Roasted Pork Pizza	¥30	牛肉披萨 Beef Pizza	¥35	海鲜披萨 Seafood Pizza	¥35	鸡肉披萨 Chicken Pizza	¥30	蘑菇火腿披萨 Ham with Mushroom Pizza	¥30	金枪鱼披萨 Tuna Pizza	¥35	香肠披萨 Sausage Pizza	¥30
	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24	玛格丽特披萨 Margarita	¥24
<b>Western Counter Carving Station (西餐档口)</b>														
现场切肉 Carving	慢煮猪颈肉配烤土豆胡萝卜 Slow Cooked Pork Neck with Roasted Potato, Snow Pea and Carrot	Price ¥36	泰式炸鸡 Fried Chicken Thai Style	Price ¥36	日式照烧鸡腿汉堡配沙拉及薯条 Japanese Teriyaki Chicken Burger with Salad & French Fries	Price ¥36	烤火腿配土豆泥和炒西兰花 Honey Glazed Ham with Mashed Potato and Sauteed Broccoli	Price ¥38	炸鱼薯条 Fish and Chips	Price ¥36	泰式菠萝红咖喱鸭配饭和蔬菜 Thai Style Pineapple Red Duck Curry with Rice Vegetable	Price ¥36	加勒比烤鱼配红薯和玉米色拉 Caribbean Style Baked Sole Fish with Sweet Potato and Corn Salsa Seasonal Green	Price ¥36
	<b>Western Counter Vegetarian Station (西餐素食档口)</b>													
素食 Vegetarian	寿司和蔬菜天妇罗 Sushi and Vegetable Tempura	Price 24	茄汁素肉丸配蔬菜色拉及米饭 Vegetarian Tomato Sauce "Meatballs" with Salad and Rice	Price 24	意大利蘑菇烩饭配烤蔬菜 Risotto ai Funghi with Roasted Vegetable	Price 24	韩式蔬菜拌饭 Korean Mixed Rice with Vegetable	Price 24	日式炒乌冬面 Japanese Fried Udon Noodles	Price 24	咖喱饺配蔬菜 Samosa with Fried Rice and Vegetable	Price 24	千层土豆配混合蔬菜 Creamy Gratin Potato with Mixed Vegetables	Price 24





Date	Monday 2020.11.16	Tuesday 2020.11.17	Wednesday 2020.11.18	Thursday 2020.11.19	Friday 2020.11.20	Saturday 2020.11.21	Sunday 2020.11.22								
<b>AB 晚饭中餐</b> University Restaurant Chinese Counter 中餐档口															
Main Dish	萝卜红烧肉 Braised Pork Belly with White Turnip and Soya Sauce	¥10	蚝油牛肉 Stir Fried Beef and Pepper with Oyster Sauce	¥14	葱油白切鸡 Poached Chicken with Spring Onion Sauce	¥10	香酥脆大排 Deep Fried Pork Chop	¥10	玉米炖排骨 Braised Pork Ribs with Corn	¥10	腊肠芋头焖鸡 Braised Chicken with Sausage and Taro	¥14	花雕醉鸡 Liquor-Saturated Chicken	¥10	
	干葱豉豆豉鸡 Stir Fried Chicken with Onion and Preserved Black Bean	¥10	黑胡椒香酥鸡柳 Deep Fried Chicken with Black Pepper Sauce	¥10	鸡汁烩蛋饺 Braised Egg Dumpling with Chicken Stock	¥10	番茄酸汤鱼片 Poached Fish with Vegetable in Spicy Tomato Soup	¥10	水煮牛肉 Poached Beef and Vegetables in Spicy Sauce	¥14	南乳肉 Braised Pork Belly with Fermented Beancurd Sauce	¥10	鸡蛋蒸肉饼 Steamed Minced Pork with Egg	¥10	
	Mixed Dish	麻婆豆腐 Braised Beancurd and Minced Pork with Spicy Sauce	¥7	酱爆肉末茄子 Stir Fried Eggplant and Minced Pork with Soya Sauce	¥7	猪肉白菜焖粉条 Braised Cabbage with Pork and Wide Vermicelli	¥7	洋葱炒肉丝 Stir Fried Shredded Pork with White Onion	¥7	四季豆炒鸡柳 Stir Fried Green Bean with Chicken	¥7	干锅手撕包菜 Wok Fried Cabbage with Dry Chili	¥7	莲藕炒肉片 Stir-fried pork with lotus root	¥7
		海鲜蒸蛋 Steamed Egg Custard with Seafood		萝卜干煎蛋 Pan Fried Egg with Pickle		酸菜炒鸭血 Stir Fried Duck Blood with Preserved Vegetable		木耳炒鸡蛋 Stir Fried Egg with Black Fungus		西芹炒鲑鱼 Stir Fried Cuttle Fish with Celery		韭菜炒鸡蛋 Stir Fried Egg with Chive		小葱炖蛋 Steamed Egg Custard with Spring Onion	
	Vegetables	酸辣土豆丝 Stir Fried Shredded Potato with Sour Spicy Sauce	¥4	香菇炒花菜 Stir Fried Cauliflower	¥4	椒盐土豆 Deep Fried Potato with Five Spicy Slat	¥4	地三鲜 Stir Fried Potato, Green Pepper and Eggplant with Soya Sauce	¥4	干煸四季豆 Wok Fried Green Bean with Minced Beef	¥4	茄子烧毛豆 Stir Fried Eggplant with Edamame Bean	¥4	鱼香茄子 Stir Fried Eggplant with Spicy Garlic Sauce	¥4
		蒜蓉娃娃菜 Poached Cabbage with Garlic		清炒杭白菜 Stir Fried Chinese Cabbage		蚝油球生菜 Stir Fried Lettuce with Oyster Sauce		蒜泥炒空心菜 Stir Fried Water Spinach with Garlic		清炒杭白菜 Stir Fried Chinese Cabbage		蒜蓉油麦菜 Stir Fried Sativa Lettuce with Garlic		炒青菜 Stir Fried Shanghai Cabbage	
		豆芽炒香干 Stir Fried Bean Sprouts with Dry Beancurd		卤水豆腐 Marinated Tofu		豉香尖椒炒豆干 Stir Fried Beancurd with Chili and Black Bean Sauce		椒盐豆腐 Fried Tofu with Spiced Salt		家常豆腐 Braised Beancurd with Vegetable		卤素鸡 Soya Sauce Bean Curd		百叶炒芹菜 Stir Fried Celery with Dry Beancurd Sheet	
	面食档口 Noodles Station	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19	爆鱼和辣炒素丁双浇配汤面 Noodle Soup with Deep Fried Fish with Soya Sauce and Fried Dry Beancurd and Potato with Spicy Sauce	¥19
	Steam Dim Sum 蒸点	小笼包 Steamed Shanghai Pork Dumpling (6 pics)	¥10	小笼包 Steamed Shanghai Pork Dumpling (6 pics)	¥10	小笼包 Steamed Shanghai Pork Dumpling (6 pics)	¥10	小笼包 Steamed Shanghai Pork Dumpling (6 pics)	¥10	小笼包 Steamed Shanghai Pork Dumpling (6 pics)	¥10	小笼包 Steamed Shanghai Pork Dumpling (6 pics)	¥10	小笼包 Steamed Shanghai Pork Dumpling (6 pics)	¥10
菜肉蒸饺 (4个) Steamed Pork and Vegetable Dumpling (4 pics)		¥5	菜肉蒸饺 (4个) Steamed Pork and Vegetable Dumpling (4 pics)	¥5	菜肉蒸饺 (4个) Steamed Pork and Vegetable Dumpling (4 pics)	¥5	菜肉蒸饺 (4个) Steamed Pork and Vegetable Dumpling (4 pics)	¥5	菜肉蒸饺 (4个) Steamed Pork and Vegetable Dumpling (4 pics)	¥5	菜肉蒸饺 (4个) Steamed Pork and Vegetable Dumpling (4 pics)	¥5	菜肉蒸饺 (4个) Steamed Pork and Vegetable Dumpling (4 pics)	¥5	
中式汤 Chinese Soup	榨菜番茄汤 Tomato with Pickle Soup	Free	冬瓜雪菜汤 Winter Melon and Preserved Vegetable Soup	Free	紫菜豆腐羹 Laver and "Tofu" Soup	Free	黄豆猪骨汤 Pork Bone and Soya Bean Soup.	Free	豆腐鱼汤 Beancurd and Fish Soup	Free	卷心菜猪骨汤 Pork Bone with Cabbage Soup	Free	蕃茄土豆汤 Tomato and Potato with Egg Soup	Free	
西式汤 Western Soup	南瓜汤 Pumpkin Soup	3.5	意大利蔬菜汤 Italia Vegetable Soup	3.5	鸡肉蔬菜汤 Chicken Vegetable Soup	3.5	墨西哥番茄玉米汤 Mexican Tomato&Corn Soup	3.5	奶油蘑菇汤 Mushroom Soup	3.5	法式洋葱汤 Onion Soup	3.5	番茄汤 Tomato Soup	3.5	